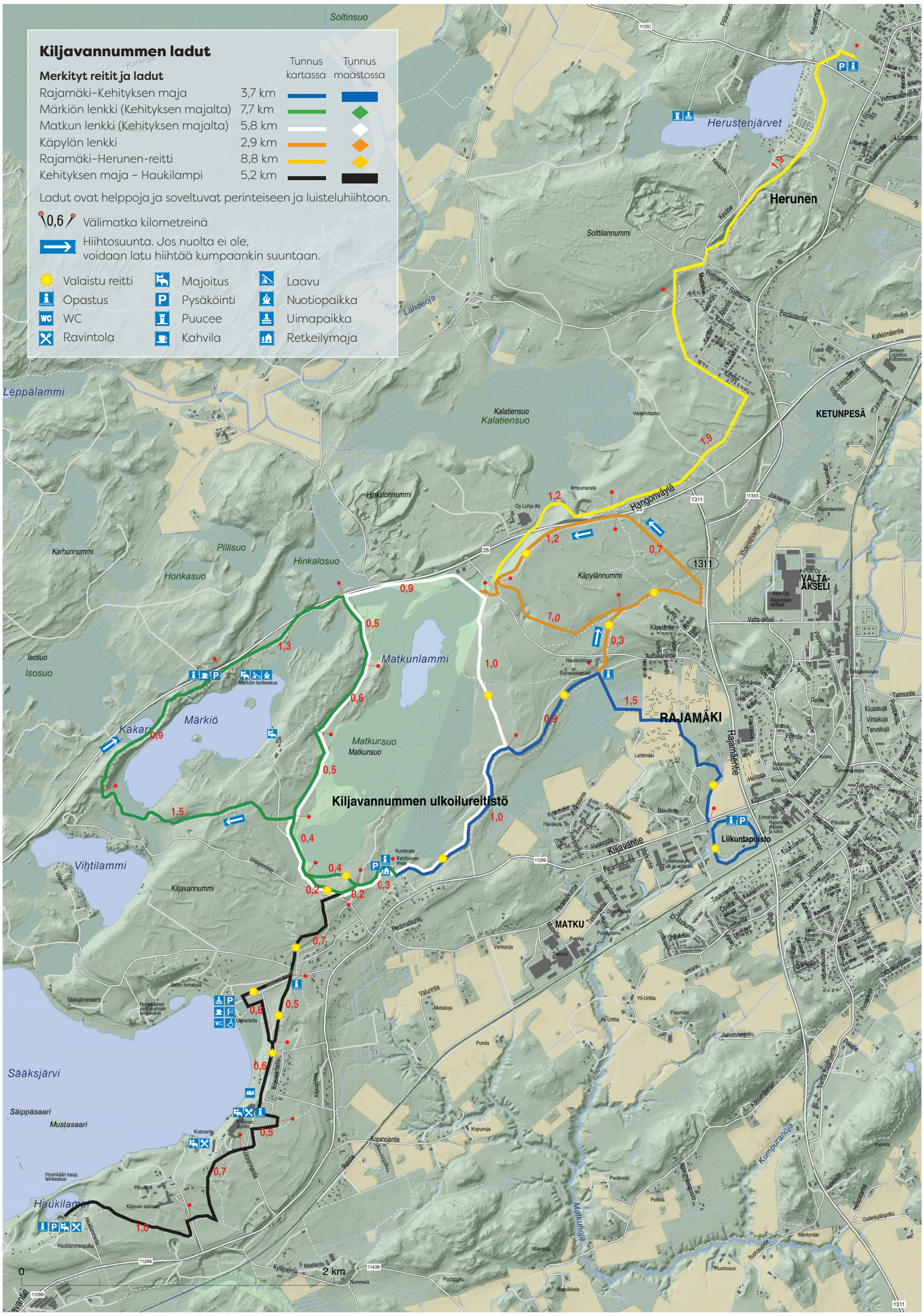Kiljavannummen ulkoilureitit/ladut